



Cataract Medication Instructions

Surgery Date: _____

Right Eye

Left Eye



2 days before surgery

Day 1 ○ ○ ○

Day 2 ○ ○ ○

WEEK 1



Day after surgery	○ ○ ○
Day 2	○ ○ ○
Day 3	○ ○ ○
Day 4	○ ○ ○
Day 5	○ ○ ○
Day 6	○ ○ ○
Day 7	○ ○ ○

WEEK 2



Day 8	○ ○ ○
Day 9	○ ○ ○
Day 10	○ ○ ○
Day 11	○ ○ ○
Day 12	○ ○ ○
Day 13	○ ○ ○
Day 14	○ ○ ○

WEEK 3



Day 15	○ ○ ○
Day 16	○ ○ ○
Day 17	○ ○ ○
Day 18	○ ○ ○
Day 19	○ ○ ○
Day 20	○ ○ ○
Day 21	○ ○ ○

WEEK 4



Day 22	○ ○ ○
Day 23	○ ○ ○
Day 24	○ ○ ○
Day 25	○ ○ ○
Day 26	○ ○ ○
Day 27	○ ○ ○
Day 28	○ ○ ○

For 1 week after surgery:

- Sleep with shield at bedtime, protective eyewear (glasses or sunglasses) during the day
- No lifting greater than 20lbs, light activity is okay
- Do not submerge head underwater (no swimming or baths)
- NO EYE RUBBING
- Your eye will remain dilated for up to 2 days after surgery, this is normal

If you have any **questions** regarding your medications, please call **OSRX Pharmacy** at **855-466-1076**